

IDENTIFY THE FEELINGS

Everyone has feelings. They are a normal part of life. Read the text below and cut out the feeling to match. Once you have cut them out, glue the feeling in the right spot.

Empathy is when we understand how other people feel!



You lost your mum
in a shop.



You feel hot and
your head hurts.



You lost your
glasses.



You saved a
baby bird.



Your dog ran
away from home.



You're going to a
birthday party.



You can't find
your school
project.



You have to give
a speech.



Cut out the images below and glue them into the right spot and talk to your partner about a time when you felt the same way.



happy



sad



scared



nervous



proud



worried



excited



sick